



Impulse lecture :

## Work Life Blending – a forward-looking working model?

On May 16, 2024 - via MS Teams

### Work Life Blending

New working models such as remote work, home office or workation lead to an increasingly blending job, household and leisure time. Work Life Blending describes this phenomenon. We show the impact on employees' health and examine the future viability of the working model.

### Find your possibilities!

In our keynote speech, you will learn about the concept of "Work Life Blending". Reflect on your satisfaction in relation to the overlapping of different areas of life and strengthen your resources. Receive exciting tips and tricks for your path to inner balance and find out how you can set boundaries.

From 2:00–2:30 pm.

Click [here](#) or visit

<https://online-terminvergabe-techniker.de/Portal/Event/IBAJMD>



Health partner:



The TK Health Series will take place on May 16, 2024. To register for the impulse lecture, simply click on the link to the appointment scheduling portal or scan the respective QR code, and you're good to go. Enjoy!